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Somerset Family Medicine Residency to Launch “Healthy Lifestyles” Project.

Bethlehem, PA, – Somerset Medical Center’s Family Medicine Residency Program, in partnership with Kellyn Foundation, will launch a preventive care and community outreach project named “Healthy Families Need Healthy Roots” in April 2013. Kellyn Foundation has received initial funding from the Sanofi Foundation for North America to launch this project.

The “Healthy Families Need Healthy Roots” project addresses the needs of families that desire hands-on support to change their lifestyle so that both the children and their parents can live healthier and more satisfying lives. Somerset Medical Center’s family medicine resident physicians will provide medical monitoring and practical nutritional guidance for the patient and their family. Daily online involvement and long-term goal setting are integral components of the program. In addition to the clinical setting, the Resident Physicians, with the help of Kellyn Foundation and faculty preceptors, will provide fun, interactive nutritional programming to the elementary schools in the local area, thus broadening the reach of the intervention.

Elisabeth Spector, MD, MPH, assistant director of Somerset Medical Center’s Family Medicine Residency Program, states “Our mission is to foster the development of highly competent, compassionate, patient-centered family physicians prepared for healthcare leadership and community service. This project facilitates the development of leadership in our residents as well as provides them with a model for providing community service.”

The Director of Home State Public Affairs for Sanofi US, Melissa Feltmann, spoke of how “this project addresses the prevention of unhealthy lifestyles to children and their families while benefiting the local community as a whole.”

“We are excited to partner with Somerset Medical Center’s Family Medicine Residency Program in this initiative and are thankful that the Sanofi Foundation for North America supports the ground-breaking approach to healthy living that this project brings to the community” states Meagan Grega, MD, Co-founder and Chief Medical Officer of Kellyn Foundation.

Kellyn Foundation is a Bethlehem, PA based, 501c3 nonprofit organization dedicated to supporting, facilitating and implementing programs for families and schools that encourage healthy lifestyles. For more information please visit www.kellynfoundation.org.

Somerset Medical Center is a nationally accredited, regional medical center providing comprehensive emergency, medical/surgical and rehabilitative services and a broad range of community programs to Central New Jersey residents. It is nationally recognized as a Magnet® hospital for nursing excellence. The medical center is an affiliate of the University of Medicine and Dentistry of New Jersey-Robert Wood Johnson Medical School and a clinical research affiliate of The Cancer Institute of New Jersey. For more information, visit www.somersetmedicalcenter.com.